

The Hawk



Welcome

First of all a big welcome to the first ever edition of "The Hawk"!

We do hope that all the Coaches and Players as well as the parents and carers of our players find the newsletter a useful and interesting read.

For those who don't yet regularly attend DLFC training sessions, there is a bit more about DLFC on Page 2 of the newsletter – we do hope if you are new to DLFC you or your children will want to come along and see what we are about – which is having FUN!

If there is anything you'd like us to include in future editions of The Hawk, please do let us know.



Edition 1

– Summer 2011

The Hawk - Newsletter of DLFC

Training Session Times

We meet at Derwent Lower School every Saturday morning from 9 am till about 10am.

In the winter, because the coaches are delicate souls, we train in RAF Henlow's sports centre; again from 9am till 10am.

For our winter training sessions, non-services personnel will need to get a day pass to access the base, which DLFC will help organize for you.

MK Dons Match Day Visits

Following last season's successful visits, for 2011-12 seasons, we plan to run a few more DLFC team trips to watch MK Dons play. The matches we have planned are:

Notts County Sat 1 Oct (same match as last season).

Rochdale Sat 5 Nov (Forces day. special deal for forces)

Exeter City Sat 10 March (we thought give the colder winter months a miss!)

Walsall Sat 5 May (Last game of the season – hopefully a promotion celebration or decider!).

Ticket prices are:

Adult -£12

Child (U18) -£3

Under 7 –Free (when accompanied with an adult)

More details will be issued nearer the time so keep an eye out for those!

About DLFC

DLFC provides football fun for boys and girls aged between 4 & 9 living in Henlow & Lower Stondon as well as the surrounding area.

We focus on the fun aspects of football, encouraging the children to enjoy participating, developing their confidence and improving their skills and not concentrating on playing competitive games.

Children should attend in their football kit, including shin pads & have a bottle of squash/water.

MK Dons Tour Bus

DLFC's first training session on 10th September included a special visit from MK Dons Get Set for Life Tour Bus.

The 'Dons on Tour' bus, gave our players the chance to complete fun learning sessions on health and wellbeing, focusing on the importance of healthy living, a balanced diet and physical activity.



Friendly Matches

DLFC focuses on improving children's enjoyment of the game of football. We aim to have fun, improve the children's confidence and social skills as well as improve their physical & technical skills through the training sessions.

In pursuit of these aims, we will be organizing occasional friendly matches against teams from local schools as well as participating in the occasional multi - team tournament.

If you'd prefer your children to not participate in matches against other teams, then please let us know.

Training Session Dates & Costs

Autumn term

10 September 2011 – 22 October 2011 (£6)

5 November 2011 – 17 December 2011 (indoors), (£7)

Spring term

7 January 2012 – 11 February 2012 (Indoors), (£6)

25 February 2012 – 31 March 2012, (£6)

Summer term

21 April 2012 – 2 June 2012, (£7)

16 June 2012 – 21 July 2012, (£6)

All dates are inclusive and all subscriptions payable in arrears. Please note that we will train the first Saturday of the holidays, but no further sessions until the children return to school.

The DLFC Team

Chair – Kevin Smith

Vice Chair/Club Secretary – Keith Steele

Treasurer – David Wilkinson

Club Welfare Officer – to be confirmed

Coaches –

Emma Foster Jones

Phil Loeb

Tim West

Ben McEvoy

Dennis Mercer

Jez Bligh

Ian Hemms

Kevin Smith

Keith Steele

Nick Taylor

www.derwentlowerfc.co.uk